

Annual General Meeting

May 27, 2010

S T . J A M E S - A S S I N I B O I A 5 5 + C E N T R E

P r e s i d e n t & A c t i n g E x e c u t i v e D i r e c t o r ' s r e p o r t

Once again it has been a very busy and interesting year. Sharing ideas with staff, board and centre members over my four years in office as your president has been rewarding.

The board and staff have been involved in strategic planning. Priorities were identified and committees struck to move us forward:

- Restructure the board to ensure leadership continuity
- Increase awareness of the Centre through enhanced marketing
- Relocate (Should we? What are the options?)
- Increase revenues and expansion of fundraising
- Increase membership

Throughout this past year Board Members and staff met many times to ensure we are on the right track. The annual general meeting will see some bylaw changes as the first evidence of our plan: a past president's position and directors at large. Board members will decide on an annual basis with staff input the major themes for the year and directors at large will work within those themes (membership, human resources, programming for men, fund development to name a few).

With successful applications to the Winnipeg Foundation and the Thomas Sill Foundation the Centre is able to hire a Marketing Coordinator who will work with us on our logo, advertising, and fund development plans. We must move to a sustainable funding model.

Programming for men has been a need since the beginnings of our Centre. Today, with successful funding applications to Winnipeg Foundation and New Horizons for Seniors (Federal) we are able to hire a Mensheds Project Coordinator who will ensure our Mensheds program is on the right track and moving forward.

Recently, we applied to the St James Assiniboia School Division to use a wood shop in a local school. Our men have a great deal of experience with machinery of all shapes and sizes; the grant gave us funds to provide financial compensation for wear and tear on machines. The time and the efforts of the men will see the wood shop started in the near future.

A special thank you goes to the City of Winnipeg for their support in acquiring a 'shed' at 3172 Portage Avenue. As well our city councillors have been very supportive with applications for renovation monies needed to update the facility.

Several corporations have contributed as funders to allow for the continued success of our programs at the Centre. The Manitoba Lotteries Corporation has awarded us with a grant. The benefit of this grant is only possible due to the help of volunteers staffing bingos at McPhillips Street station. Also Sobey's has contributed gift certificates which have helped us reduce the costs of food programs and allowed us to offer low cost or free events. In addition, Canada Safeway has partnered with us and allowed our volunteers to promote the Centre on Senior's Day.

A special thank you to the Winnipeg Regional Health Authority who continues to provide us with operation support (approximately 45% of our budget). Most recently with their support we were able to hire a Food Program Coordinator to ensure our cooking clubs and food events continued into the future.

MISSION STATEMENT

To encourage seniors to improve their quality of life by providing educational, recreational, health and social opportunities.

The Board is continuing its study on relocation options. Our City Councillors are working with us to ensure that we are pursuing all possible options and the best option for our members and those in the future. Most recently an application was made to the Manitoba Government Community Places – although the application was denied the Adhoc Relocation Committee will be conducting a feasibility study of sites in our community that may meet our needs. Community Places will do the study for us without charge. I have been privileged over the past four years to meet many of you, work with you, and for you to ensure our Centre is the best it can be.

Respectfully submitted, Connie Newman, President & Roxanne Greaves, Acting Executive Director

S E C O N D V I C E P R E S I D E N T ' S R E P O R T

As this is the end of my four year term as 2nd Vice President, this will be my final report to the membership of the St James Assiniboia 55+ Centre.

During the past year, I was a member of the Ad Hoc Relocation Committee and attended several meetings. The ultimate goal of this Committee is to find a suitable relocation to meet the future needs of the Centre.

As Chairperson of the Nominating Committee, I would like to thank the other committee members for initiating change to the composition of Board Officers and for canvassing our membership for potential Board Members. It is our hope that the newly elected and current Board members will continue to uphold the commitment of the Centre to our Mission Statement.

Over the past four years, I have enjoyed working with a dedicated Volunteer Board, whose members do their utmost to meet the challenges presented to them. Thank you to these Board Members and the staff who supported me in my role as 2nd Vice President. See you at the Centre!

Respectfully submitted, Pat Hasiuk

T H I R D V I C E P R E S I D E N T ' S R E P O R T

This year has been the most exciting year which I have been involved with Programs. I must say this is due to our very capable staff who showed so much expertise in organizing programs for all of us OLDER ADULTS.

Some of the activities that Roxanne and Bonnie organized were:

- An intergenerational wedding fashion show with Lincoln Middle School
- The Tacky Halloween Party
- The Harvest Luncheon
- An Afternoon with Ron Paley
- The Amazing Race (intergenerational) with Lincoln Middle School.

After a year of such great programming, the team is poised for another year of successful programs and events at the Centre.

Respectfully submitted, Bobbi Sturby

PERSONNEL (HUMAN RESOURCES)

The Centre was very busy over the summer of 2009 and with the Administrative Assistant away it resulted in additional workload for both the Executive Director and her staff. An Employee Handbook was developed containing information and procedures relevant to our staff's duties. This was completed, printed and each employee received a copy.

Conflict of Interest and Harassment policies were approved by the Board and are now incorporated in our Policy Manual. Each staff member has a copy of these policies to include in their Employee Handbook. Job descriptions of all staff, including our contract employees were updated.

We were able to take advantage of a CAP-YI grant by employing a student for a short term. This person connected with members at the Centre and off site as well as providing assistance in updating our web site.

Staff meetings are held weekly as a format for ongoing communication. With the departure of the Executive Director in January, Roxanne Greaves agreed to undertake a six month assignment as Acting Executive Director effective March 15th, 2010. A review of all the Employment Standards bulletins was completed and updates provided to the Executive Director.

Respectfully Submitted, Pat Jarett

MEMBERSHIP

The Heart of the Centre Newsletter which provided updates on the various activities of The Centre has now been eliminated. The newsletter is still issued via mail and e-mail to keep members informed of upcoming events.

With an aging population, The St. James 55 + Centre has still been able to maintain a steady level of membership this past year. Memberships at the end of March 2010 was 826 active members; whereas in 2009 membership was 831.

Respectfully submitted, Dorothy Jackson

FUND RAISING

	March 31,2009	March 31, 2010
Individual Donations	\$10,703.49	\$5,715.00
Corporate Donations	\$1,544.62	\$208.95
Total Donations	\$12,248.11	\$5,923.95

Texas Hold'em	\$9,792.88
Raffle	\$9620.55
Bloom' Good Time Cdn. Tire, Polo Park	\$1,216.25
Bake, Craft, and Book sale	\$2606.02

During 2009/10 there was a major new fundraising initiative by Connie Newman, our President, namely sponsoring a Texas Hold'em Tournament. This sponsorship has produced nearly \$10,000 in new revenue. Thank-you Connie.

Individual donations are down and so are corporate donations. Hopefully this was due to the world wide financial crisis and these donations will increase in 2010/2011.

Thank-you to all those who sold or purchased raffle tickets, baked goods and crafts, volunteered at bake, craft, and book sales, sold plants at Canadian Tire, and donated their wages. All of you have contributed to our Centre, and your efforts are very much appreciated.

Respectfully submitted, Douglas H Mackie

DIRECTOR AT LARGE (OUTREACH)

The outreach Chairperson and Committee have two major tasks:

1. To extend welcome greetings to all new members via telephone. This is a follow-up to written information on which has been dispensed when new members join.

From April 1, 2009 until March 31, 2010 the committee members have contacted 137 new members.

2. To send greetings to any members who have been ill, suffered a death in the family or who have achieved major birthdays and wedding anniversaries etc.

From April 1, 2009 until March 31, 2010 the following cards have been sent.

Get Well (28)	90 th Birthday (1)	Floral Tributes (5)
Sympathy (22)	Floral Tributes (5)	50 th Wedding Anniversary (2)

would like to thank the members of the Telephone Committee who give their time so willingly, so that others may feel at home in our Centre. They are:

Heather Dyregrove	Fred Wickenden	Evelyn Hagen
Emily Williamson	Alexandria Belton	Shearon Banks
Eva Campbell	Loneta Siemens	Marjorie Clowes
Martha Brown		

Respectfully Submitted, Maureen L. Gardner

DIRECTOR AT LARGE (HEALTH)

It has been a busy year for the Health Team. They have undergone a name change from the Seniors Health Resource Team to the Healthy Aging Resource Team. A new professionally done pamphlet has been produced to reflect this change. There have been some staff changes over the past year. Laurie Evans RD left us in February to start a full time job with the Home Nutrition Program for Children. In October, Lorna Shaw-Hoepfner joined us. She is a dietitian working two days a week (Monday and Friday) and comes with a wealth of knowledge and experience. Elizabeth St. Godard now works on Tuesday, Wednesday and Thursday, and Laurie Green continues to work full time. During the past year, the team helped out with the annual influenza immunization as well as the H1N1 campaign. The success of this endeavor was certainly made possible with the vast number of volunteers that participated, many that have ties to the St. James/Assiniboia 55+ Centre.

In June, the team in partnership with Wal-Mart and the downtown Healthy Aging Resource Team put on its now annual health fair at the Empress Street Wal-Mart. The fair featured a number of booth displays; ask the expert booths, refreshments and prizes. This fair gave the Centre the opportunity to do some fundraising, selling cookbooks and raffle tickets. Funds from the sale of cookbooks were matched by Wal-mart. This event has grown to over 300 participants, and it will continue again in June.

The team continues to receive referrals from physicians, Home Care, Youville Centre, Access Centres in Winnipeg, family and self referrals. Ninety-five formal referrals were received from physicians over the past year. Within the past year they have also began receiving referrals through the Pan Am Clinic Pre-hab program. Prior to joint surgery, clients are referred to the team (usually for nutrition counseling). The Healthy Aging Resource Team continues to offer clinics in apartment blocks and a mall. A number of group presentations have also occurred in the community as well as at the 55+ Centre. The team has recorded over 4000 client contacts in the past year. It should be noted that the team has also branched out to cover the Assiniboine South area.

Thank-you to members of our H.A.R.T. Team: Liz, Laurie, & Lorna

Respectfully submitted, Marie MacDonald

D I R E C T O R A T L A R G E (S U P P O R T S E R V I C E S)

Some of the Statistics in Support Services include "Rides for Seniors" program with 1092 one-way rides, The Home Maintenance Referral program and Community Resources received 302 calls from seniors in the community. Many calls were received from children of elderly parents inquiring about services and programs. There were 568 ERIK kits distributed during the year. Monies to purchase supplies for 1000 ERIK kits were donated by Jim Rodeau, Bonnie Korzinowski and Sharon Blady. Several ERIK presentations were conducted and 500 extra kits were assembled for inclusion in the emergency starter kits for R U Ready.

There were 20 R U Ready presentations held with a total of 518 participants. There were 20 + presentations such as Disability Tax Credit, Income Tax Clinic, Housing tours, Role and Responsibility of an Executor, Mature Driver Workshop etc held at both the Centre and in the community. R U Ready and meal resource pamphlets were developed and are available at the reception area.

Thank you to Adele Spence, Support Services Coordinator for all her efforts. We look forward to another successful year both at the 55+ Centre and in the community.

Respectfully submitted, Mary Berch

V O L U N T E E R R E P O R T

Our volunteers are the cream of the crop at the St. James- Assiniboia 55+ Centre! When the lists are posted on the volunteer board listing opportunities available our dedicated and reliable members and friends sign up to help out for a myriad of events and projects. This past year there were 8,000+ recorded hours of volunteer time. This translates in to many activities and services that we are able to offer to enhance the life of our seniors in the community. In addition to many other smaller volunteer get togethers our annual volunteer appreciation event this year was "Same Same but Different". Comments included "the best one yet", "an incredibly friendly atmosphere", "where did you get the idea for the salad on a skewer" "entertainment was amazing" "loved your theme" "gave me ideas for entertaining" "what a fun time". The staff enjoyed planning this event for all the volunteers and next year we will be back with another fun event. Thanks to everyone who attended and the support you have given the staff this past year. We look forward to another great year at the Centre and using all your talents. When you give of yourself the rewards are many.

Respectfully submitted, Adele Spence

BOARD OF DIRECTORS 2009/2010

President	Connie Newman	Membership (term)	Dorothy Jackson
1st Vice President	John Pidwerbesky	Membership (term)	Linda Hamilton
2nd Vice President	Pat Hasiuk	Fundraising	Doug Mackie
3rd Vice President	Bobbi Sturby	Director at Large	Marie MacDonald
Treasurer (term)	Nancy Follitt	Director at Large	Mary Berch
Treasurer (term)	Mike Tumber	Director at Large	Maureen Gardner
Personnel	Pat Jarrett	Recording Secretary	Lynn Land

T H A N K - Y O U T O O U R S P O N S O R S A N D S U P P O R T E R S

Viscount Gort
Motor Hotel

Grant Nordman
St. Charles

Birchwood
Group

Sharon Blady
Kirkfield Park

Safeway
Portage/Cavalier

Safeway
Madison
Square

Scott Fielding
St. James/Brooklands

Sturgeon
Creek
Residence 2

Wal-Mart
Ellice Ave.

Bonnie Korzeniowski
St. James

Jim Rondeau
Assiniboia

Westwood
Community
Church

Sobey's
Unicity

Winnipeg Regional
Health Authority

Canadian Tire
Polo Park

ICI
Paints

Steven Fletcher
St.James/Assiniboia/
Charleswood

The City of
Winnipeg